

Individual Learning Endeavor - 20% Time Project
SMART GOAL Planning Sheet
Northgate High School
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Semester: TWO

Summarize your ILE in 75 words or less: I will use Autodesk Inventor Professional to create therapeutic devices for people with disabilities.

SMART Goal Planning: Use the guidelines below to help you plan, develop, and implement your ILE.

Goal Criteria - Defined	Extra Tips	My SMART Goal:
<p>Specific-A specific goal has a much better chance of getting accomplished think one that is broad & general. Think of this as the who, what, when, where, which, why, and how statements of your ILE.</p>	<p>Use action words such as create, design, build, implement, make, produce, etc. Don't make your goal too complex.</p>	<p>Who- People in physical therapy What- Create therapeutic devices in Autodesk Inventor Professional When- Every Tuesday in class and any time I have at home Where- This is something I can work on in class and at home Which- I can have my disabled sister test to see the usefulness of the devices Why- To help people with physical challenges How- By creating a device that can be useful to their physical therapy</p>
<p>Measurable- Establish concrete criteria for measuring progress toward the attainment of each goal you set. Ask "how questions" such as How many? How</p>	<p>Measure the milestones you reach as you work towards your overall project goal. Consider using a some type of progress tracking app or web tool (a Google Sheet is</p>	<p>-Start researching types of therapeutic devices -Look into devices that I can create in Autodesk -Create a few of my own devices in Autodesk</p>

<p>much? How will I know when I have achieved my goals?</p>	<p>fine), regularly update the ILE section of your personal blog.</p>	<p>-Have my disabled sister test out the devices to see the usefulness of the devices</p>
<p>Attainable- Your ILE project should challenge you, and possibly push your limits, but it should also be a project that you are capable of completing.</p>	<p>Do you have the resources you need to accomplish your ILE? Do you have enough time to accomplish your ILE? Pick an ILE that is important to you. This will make attaining the goal more of a reality versus just a fantasy.</p>	<p>I have Autodesk Inventor Professional both at school and at my house. It will be challenging to find therapeutic devices that can be recreated on Autodesk, but I am motivated enough to find some.</p>
<p>Realistic, Relevant & Results Oriented- An ILE that you are not only capable of achieving, but willing to achieve, has a much greater chance of getting accomplished.</p>	<p>Are you willing to make the commitment to achieve this goal? Are you willing to make sacrifices in your lifestyle and/or schedule to achieve your ILE? Be honest with yourself, make it relevant to your life. Consider a project that will not only benefit you, but the BHS community.</p>	<p>This ILE has quite a bit of relevance to me since my sister is disabled. So I am motivated to see if I can make something that could help her and people like her with physical therapy.</p>
<p>Timely and/or Tangible- your ILE should have a specific start and end date. It should also result in some type of product you can see or touch (video, demonstration, etc)</p>	<p>Without a clear timeframe for your ILE, there will be sense of urgency and a low level of motivation. Aim to show tangible evidence of the progress you are making every two weeks. You will present the final ILE as part of the mid-term</p>	<p>I know I can have this done by the end of the semester and possibly even have a few tangible products which have been tested.</p>